

WINGSPREAD



Air Force Chief of Staff Gen. John Jumper finishes the 1.5-mile run for his fitness evaluation Jan. 7. Nearly 60 general officers from throughout the National Capital Region braved bitter cold weather to join General Jumper as he led the way in officially launching the new Air Force fitness standard. (Photo by Master Sgt. Jim Varhegyi)

Air Force leaders kick off service’s new fitness test

By Staff Sgt. Todd Lopez
Air Force Print News

WASHINGTON - The new Air Force physical fitness test requirements are set and Team Randolph members along with other men and women across the force are heading to the track to test.

Recently, the Air Force’s most senior leaders, both officer and enlisted, helped kick off the test, completing their fitness evaluations Jan. 7 at the Bolling Air Force Base Wellness Center.

The group was among the first in the Air Force to have their physical fitness evaluated using the service’s new fitness standard. Under the standard, fitness evaluations now include body composition, strength and aerobic fitness measurements.

Nearly 60 Air Force general officers, led by Air Force Chief of Staff Gen. John Jumper, were evaluated. The chief master sergeants were evaluated later in the afternoon. While it is unusual for so many senior leaders to be together at once for a fitness evaluation, General Jumper said the gathering served a purpose.

“We want everybody to know that when I say commanders are responsible for fitness, it starts at the top,” said the general. “We have gotten all the Air Force leadership in the Washington area out at one time. Hopefully this demonstrates that leading from the top really means leading from the top.”

General Jumper said he expects commanders around the service to follow his example and to participate in leading their airmen toward a more fit force.

“I expect squadron commanders to be out in front of their squadrons, group commanders to be out in front of their groups, and wing commanders to be out in front of their wings as we go through this test cycle,” General Jumper said. “I expect the whole Air Force to test and I expect that we all are going to pass.”

At Randolph, active duty members will do the run portion of the test with their units and offices on the 1.5-mile track designated at Eberle Park. The track permits up to 50 people to test at one time. Unit commanders and fitness program managers will determine the evaluation location for the pushup, situp and waste abdominal circumference portions of the test.

Commanders and fitness program managers will also determine when their unit will test. Each unit had until the end of the year to test; however, several units have already reserved the Eberle Park course for their unit evaluations, said base officials.

Those individuals on a medical profile will still take the ergometry bike test at the health and wellness center.

This new fitness evaluation standard also represents the culmination of more than a year’s worth of work in developing a new fitness standard for the Air Force, according to officials. The service had been using the same gauge of fitness — the cycle ergometry test — for more than a decade. The new evaluation is more fitting of the demands put on airmen in today’s expeditionary climate, General Jumper said.

See Fit on page 18

New base realignment, closure process begins

By Lt. Col. Ebby Ferry
12th Flying Training Wing Plans and Programs

The Department of Defense has received congressional authorization for a base realignment and closure round in 2005. Named BRAC 2005, the program is a means to achieve several goals: eliminate excess infrastructure to maximize operational capability; optimize military readiness; transform the Air Force by realigning infrastructure with future defense strategy; and capitalize on opportunities for joint activity.

“These goals will allow the Department of

Defense to reduce waste by eliminating excess capacity, which will in turn allow it to free up resources to recruit quality people, modernize equipment and infrastructure, and develop the capabilities needed to meet 21st century threats,” said DOD officials.

Both Congress and DOD recognize military value must be the primary consideration in reducing or restructuring U.S. military bases.

However, public law requires that the criteria used to select bases for closure or realignment must address the ability of both existing and potential receiving communities’ infrastructure to support forces, missions and personnel. The law further provides that

military value must include impacts on joint war fighting, readiness and training.

On January 6, the DOD requested commanders of installations in the United States, its territories and possessions to gather information about their installations as part of the BRAC 2005 process.

Formal data calls are one of the ways the DOD satisfies its statutory obligations to treat all military installations equally and to make its closure and realignment recommendations based solely on certified data.

The participation of an installation in the data call does not indicate that the DOD is specifically considering that installation for closure or realignment.

All military installations in the United States and its territories and possessions will participate in these data calls.

While none of the questions or data associated with the questions will be released to the public prior to the DOD’s recommendations being forwarded to the independent Defense Base Closure and Realignment Commission, all questions and data will be publicly available once the Commission receives them.

This data call is only one of many steps in the BRAC process and there will be additional data calls as necessary.

See BRAC on page 6

12th FLYING TRAINING WING TRAINING TIMELINE											
As of Monday			Navigator, EWO training				Wing Sortie Scoreboard				
Pilot Instructor Training			562nd FTS		563rd FTS		Aircraft Required		Flown	Annual	
Squadron	Senior Class	Overall	Air Force	231	Undergraduate	46	T-1A	1,004	1,154	4,040	
99th FTS	0.0	-1.0	Navy	75	International	14	T-6A	2,517	2,575	9,103	
558th FTS	-3.0	-2.3	International	1	EWC Course	0	T-37B	1,975	2,204	7,171	
559th FTS	-13.0	-2.5			Fundamentals	0	T-38A	2,134	2,488	5,674	
560th FTS	-3.5	-0.9					T-43A	296	305	1,160	
Numbers reflect days ahead or behind for senior pilot instructor training class and an average for all PIT classes currently in training.											
Numbers reflect students currently in training. The 562nd shows source of navigator students. Air Force students include Air Force Reserve and Air National Guard. The 563rd indicates students in specific courses.											
Numbers reflect the required and flown missions for the current month, and the required missions for fiscal 04.											

Index

Commentary	2
News	4
Feature	10
Community	11
Services	13
Sports	15



AIR AND SPACE
EXPEDITIONARY
FORCE

As of Monday, 52 Team
Randolph members are
deployed in support of
military operations around
the globe.

The Randolph
WINGSPREAD

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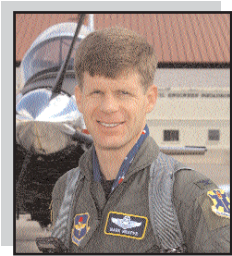
Articles for the newspaper should be submitted by noon Thursday the week prior to the desired publication date. Items can be dropped off on a PC- or Macintosh-formatted disk at the Wingspread office in room 110 of Building 100.

Articles may also be sent by e-mail to wingspread@randolph.af.mil or by fax at 652-5412 or base ext. 7-5412.

For more information about submissions, call 652-5760 or base ext. 7-5760.

Commander’s
Action Line

Call 652-5149 or e-mail
randolph.actionline@randolph.af.mil



While our goal is to provide the best programs, products and services to our customers, there will be instances when people believe we could have served them better.

In those cases, I ask the individual to first contact the responsible organization to allow the unit commander or manager an opportunity to ensure professional and impartial treatment.

When those officials are unable to provide satisfaction, the individual may contact me through the Action Line. I will ensure each Action Line call is looked into and a reply is given by telephone or in writing. I ask callers to include their name and telephone number so we may send a personal response.

Col. Mark Graper
12th Flying Training Wing commander

Medical advice

Officials offer time-proven tips for treating the common cold

By Capt. Cherie Smith
12th Medical Group

Cough, Cough, Sniffle, Sniffle — these are familiar sounds during this time of year. But what may be a surprise to most people is that despite the tremendous medical advances in the last few centuries, there is still no cure for the common cold.

Sometimes people think that antibiotics will help with cold symptoms, but that’s not really true. If there are complications from a cold, antibiotics may be prescribed, but it still doesn’t affect the cold itself.

Symptoms typically associated with the common cold include a runny nose, congestion, sneezing, fever, body aches, sore throat and headache. Usually, these symptoms are simply the body’s own mechanism for getting rid of the nasty bug that is making the person feel so miserable.

But, there are things people can do right at home to make them feel better and help their body get over a cold; in fact, these are the same things that are recommended by a provider if visiting the clinic.

First, the basics: The body needs plenty of rest and fluids to run most efficiently. That’s especially true while the body deals with a cold virus. People should get as much rest as possible, and drink plenty of water or juices (avoiding drinks with caffeine, like cola or coffee).

Also, to keep from sharing a cold with others, a person should cover his or her mouth or nose when coughing or sneezing and make sure to wash his or her hands frequently. Also be sure to throw tissues away immediately after blowing one’s nose.

Second, treat symptoms: For fever and sore throat pain, use over-the-counter

Fast facts:

Cold combating tips:

- Get as much rest as possible.
- Drink plenty of water or juices and avoid drinks with caffeine like soda or coffee.
- Avoid giving a cold to others by covering the mouth or nose when coughing or sneezing and washing hands frequently.
- To help with a fever or sore throat, try over-the counter medications.
- To help with a sore throat, consider gargling with salt water or drinking tea with lemon or honey.
- As a general rule, only use a remedy that matches your symptoms.
- Call the clinic if cold symptoms last more than a week without improvement.

medications such as Aspirin, an Acetaminophen product like Tylenol, or an Ibuprofen product such as Motrin for relief, although don’t give Aspirin or products containing Aspirin to children. Also, consider gargling with warm salt-water, or drinking tea with lemon or honey, to soothe a sore throat.

The two basic cold symptom remedies are decongestants and antihistamines. Decongestants (such as Sudafed) shrink the nasal membranes and open the passages, while antihistamines (such as Benadryl or Claritin) reduce secretions in the nose.

Consider using a humidifier and drinking

Agency contact numbers

Security Forces	652-5509	12th FTW IG	652-2727
Services	652-5971	Equal Opportunity	652-4376
Civil Engineers	652-2401	FW&A Hotline	652-3665
Transportation	652-4314	EEO Complaints	652-3749
Military Pay	652-1851	Randolph Clinic	652-2933
Civilian Pay	652-6480	Base Exchange	674-8917
Safety Office	652-2224	Commissary	652-5102
Housing	652-1856	Straight Talk	652-7469

(Commander’s note: We do not have any Action Lines for publication this week. However, we often receive questions about programs and regulations through channels other than the Action Line program. The following is one of those questions.)

Headlight policy

Q I have been told that there is a policy about having to have your headlights on while driving on base.

Some people said it is just when you need to use your windshield wipers. Is this correct?

A The policy you are referring to is the Air Education and Training Command supplement to AFI 31-204, Air Force Motor Vehicle Traffic Supervision. The policy requires vehicle operators to turn on headlights from sunset to sunrise, during fog, smoke or rain when windshield wipers are activated or any other time when persons and vehicles may not be seen clearly.

While the need for windshield wipers is certainly one indication that you should also have your headlights on, for safety reasons, you should turn on your lights anytime visibility is reduced. Safety is paramount whether you are driving on or off base.

plenty of fluids to aid in liquifying and moving secretions in addition to decongestants. Cough suppressants (such as Robitussin DM) are also helpful, but should only be used if the cough is constant or interferes with sleep.

As a general rule, only use the remedy that matches your symptoms to save money and avoid additional side effects.

Always read the label carefully on over-the-counter medications, since some medications cannot be used if there are other existing diseases.

Active duty military members on flying or controlled status should not independently initiate medical care or take medications and should be evaluated by the flight surgeon.

When to call the clinic: Usually a cold will last about seven to ten days, so consult with the Primary Care Manager’s team nurse if the symptoms last more than a week without improvement.

Additionally, people should talk to their team nurse if they have a runny nose following a head injury; difficulty breathing (especially with children, or someone who has an existing breathing condition); thick, foul-smelling mucus that isn’t white or yellow; or if there are any questions. The best way for a person to contact a team nurse is through the central appointment line at 945-0411.

For further reference: All of these suggestions and more can be found in the “Take Care of Yourself Guide,” which is provided to every individual enrolled into TRICARE Prime. If a person has not received this book, they may request one from TRICARE Beneficiary Services at 1-800-406-2832, choose option one.

Congratulations Retirees

Jan. 9
Master Sgt. Jerry Larry
Air Education and Training Command

Today
Lt. Col. Robert Renfrew
AETC

Retirement announcements should be submitted to the Wingspread office by Friday at noon two weeks prior to the desired date of publication. E-mail announcements to randolph.retiree.messages@randolph.af.mil or fax them to 652-5412. For more information, call the Wingspread office at 652-5760.

Career success relies on service, professionalism

By Col. Steven Kwast
47th Operations Group commander

LAUGHLIN AIR FORCE BASE, Texas — One of the most frequently asked questions I hear as a commander is, “What is the key to a successful career?”

The answer is simple: Keep in the front of your mind what military service means, and practice the simple rules your parents taught you when you were 5 years old.

It helps to start by remembering military service is just that... service. If you have any expectations the military owes you something, like a certain job, a certain decoration or a certain promotion, you are setting yourself up for disappointment.

The hallmark of a successful airman is one who serves his or her country without expectation of reward. The reward is getting to serve your country.

Thinking of military service as a privilege can take you halfway toward the goal of a successful career. The second half of the journey involves conducting yourself as a professional.

First, be respectful to others. If you ever have a question about how you ought to act toward others, just act as you would if someone you admired and respected walked through your door. It doesn’t matter if he or she is an airman basic, a civilian or the wing commander. We all deserve the same dignity and respect. It’s a simple standard that your parents taught you when you were 5 years old.

Second, maintain your integrity. What I mean by integrity is that each of us examines our conscience and acts on what we know is the right thing to do in each situation. If you’re ever unsure about what to do, just follow this simple rule: What would your most respected

“ If you have any expectations the military owes you something, like a certain job, a certain decoration or a certain promotion, you are setting yourself up for disappointment. The hallmark of a successful airman is one who serves his or her country without expectation of reward. The reward is getting to serve your country.”

role model do in the same situation? If your role model would be ashamed of your action, or inaction, then you are probably compromising your integrity. If your parents would be disappointed in you, then you may not be acting with integrity.

Third, have courage. It goes without saying it takes uncommon courage to risk your friendships, and sometimes your job, to do what is right. We must remember our mission is to create a combat-ready force of professionals who produce airpower. That mission could never be accomplished if we don’t treat each other with respect and have the courage to maintain our integrity. It takes courage to hold each other to a higher standard, but that is what serving our country is all about. Service before self sometimes means putting the good of the Air Force ahead of our personal preferences. That takes courage.

These characteristics within the human spirit are the

engine that makes an organization like the Air Force so great. It is these same characteristics that your leaders and commanders are looking for in you. If you develop and nurture these core characteristics in your personality, then any career aspirations you might have will take care of themselves.

There are also two secret weapons that help make these three characteristics more effective.

The first is a positive attitude. In a very profound way, a positive attitude can equal success. As a commander, I look for and notice attitude. It is a force multiplier when positive and destroys the mission when negative. A positive attitude includes accomplishing the mission with a sense of enthusiasm.

The second secret weapon is humility. There is nothing more destructive to the mission than someone who thinks he or she is better than the rest. There is nothing more effective to the morale of a unit than when you give others the credit. If we display an attitude that reflects the reality that we are no better than anyone else, then we sustain an environment where no one’s worth is diminished and everyone is allowed to contribute.

If these two secret weapons are sincere and applied to the three principles of respect, integrity and courage, you will be surprised at the sense of personal satisfaction you get from being a professional airman in the Air Force. It’s important to keep the perspective that a successful career is not measured by what job you get or what rank you obtain.

A successful career is getting to serve your country with honor and dignity. That’s simple to say, but hard to do — but you already learned that when you were 5 years old.

(Courtesy of Air Education and Training Command News Service)

Department of Defense resumes anthrax shots

By **Gerry Gilmore**
American Forces Press Service

WASHINGTON — A federal judge ruled Jan. 7 that the Defense Department could again legally administer anthrax immunizations to servicemembers. Military commanders “should immediately resume the anthrax vaccination program,” wrote Dr. David S.C. Chu, DOD personnel chief, in a department-wide memorandum. The department’s anthrax vaccine

immunization program had been suspended since Dec. 23, after an injunction granted the previous day by the U.S. District Court for the District of Columbia caused DOD to suspend the program. The department “remains convinced that the AVIP complies with all legal requirements, and there is now no judicial restraint” on administration of the vaccine, Dr. Chu wrote. Defense Secretary Donald Rumsfeld and Joint Chiefs of Staff Chairman Air Force Gen. Richard Myers maintain the anthrax

vaccine is a safe and necessary prophylactic for U.S. servicemembers deployed in the war against terrorism where enemies may employ biological, chemical or nuclear weapons of mass destruction. Both Secretary Rumsfeld and General Myers have received anthrax shots. Randolph active duty men and women can now resume taking anthrax vaccinations at the immunizations clinic between 7:30 and 11:30 a.m. or 1 and 4 p.m. For more information, call 652-3279. (Courtesy of Air Force Print News)

Wingspread takes on new look

By **Capt. Paul Villagran**
12th Flying Training Wing Public Affairs

As many of you have likely noticed, the *Wingspread* recently has undergone some transformational changes of its’ own. Most notable in these changes is the transformation of the appearance of the *Wingspread* flag on the front page of the newspaper. These changes are in direct response to feedback the 12th Flying Training Wing Public Affairs Office received from readers on base. The editorial staff of the *Wingspread* took these comments and incorporated many of these suggestions into the production and design process in an effort to make the newspaper more readable and user-friendly.

The overall goal of the *Wingspread* is to provide base leadership with an outlet for Air Force, command and wing news and information while providing a source for base organizations to publicize events and activities. The *Wingspread* is a newspaper published for the Team Randolph community. As such, the *Wingspread* staff is committed to producing the highest quality product possible. This year we will continue to solicit feedback from readers and will ultimately conduct a readership survey to ensure we are meeting the needs of base leadership and the members of Team Randolph. As always, the staff of the *Wingspread* welcomes comments regarding the appearance and content of the base newspaper. To provide comments call 652-5760.

Wing quarterly award winners announced

By **Senior Airman Lindsey Maurice**
12th Flying Training Wing Public Affairs

The 12th Flying Training Wing honored its top performers Thursday during the fourth quarter awards luncheon at the enlisted club. This quarter’s winners are:
Junior enlisted member:
Senior Airman Victoria Diaz
12th Logistics Group

NCO:
Staff Sgt. Anshawn McNeil
12th Logistics Group

Senior NCO:
Master Sgt. Kenneth Meierhofer
12th Support Group

Company grade officer:
1st Lt. Patrice Williams
12th Operations Group

Civilian junior category:
MaryJane Moreno-Morales
12th Flying Training Wing

Civilian intermediate category:
Scott Nunnelly
12th Medical Group

Civilian senior category
Sandra Taylor
12th Support Group

Voluntary NCO retraining underway

By **Tech. Sgt. David Jablonski**
Air Force Print News

WASHINGTON — The Air Force needs 1,100 noncommissioned officers in surplus career fields to voluntarily retrain into shortage career fields to balance the enlisted force in 2004. The voluntary phase of the fiscal 2004 NCO Retraining Program began Jan. 5 and ends Feb. 23. The program helps balance the enlisted force by moving staff, technical and master sergeants from specialties with surpluses to specialties with shortages. Imbalances in the mid-level NCO grades among specialties occur as a result of personnel force structure changes, differing retention trends among specialties, and the equality of promotions across all skills. If needed, personnel officials will resort to an involuntary retraining phase March 8 through April 26. “While every effort is made to attract volunteers, some NCOs may be selected for involuntary retraining if the number of volunteers falls short,” said Lt. Col. Kim Haney, chief of the Air Force skills requirements branch at the Pentagon. “The enlisted force is not perfectly balanced so we have to take some action to get as close as possible.” The Air Force’s fiscal 2003 retraining program was the first action taken in five years, Colonel Haney said. Some NCOs did not act upon the opportunities presented to them and as a result were involuntarily retrained. “It’s really in the best interest for those identified for retraining to take action and investigate the possibilities,” Colonel Haney said. Tech. Sgt. Derek Hughes, NCO in charge of Air Force

Fast facts:

Key retraining information:

- The voluntary phase of the fiscal 2004 NCO Retraining Program ends Feb. 23.
- If needed, personnel officials will resort to an involuntary retraining phase March 8 through April 26.
- The Air Force Personnel Center offers a Web page showing staff, technical and master sergeants how vulnerable they are and where they stand on a list of their peers by Air Force Specialty Code and grade. The page is located at www.afpc.randolph.af.mil/enlskills/retraining/retraining/htm. Users must log onto their virtual MPF account to view the data.
- A complete list of retraining-in opportunities is available at the 12th Mission Support Squadron’s retraining office. For more information, contact Staff Sgt. Todd McGinnis at 652-3054.

enlisted retraining at the Air Force Personnel Center at Randolph Air Force Base, Texas, said he believes more people identified for retraining in 2004 will consider their options and seek out opportunities. “I believe that we’ll be more successful in the voluntary portion this year because people learned last year that the

Air Force was serious about the program. People who were vulnerable, who didn’t make their own choice, had it made for them,” Sergeant Hughes said. “Last year we identified people for retraining by name and we’re doing that again. They’ll get a ‘rip’ saying they’re vulnerable,” Sergeant Hughes said. A Web page shows them how vulnerable they are and where they stand on a list of their peers by Air Force Specialty Code and grade. The Web page is available at www.afpc.randolph.af.mil/enlskills/retraining/retraining/-htm. Users must log onto their virtual MPF account to view the data. The voluntary phase is not limited to individuals identified on the list. Anyone matching the specialty code and grade, who is otherwise eligible, can apply for retraining during the voluntary phase. “Last year, there weren’t enough volunteers in Phase 1, so we did a non-vol phase,” Sergeant Hughes said. “And even after that, 200 people still didn’t submit applications, so we had to pick jobs for them. They chose not to decide and were not necessarily happy with the results. We’d rather tell them how to be proactive, how to find something that would interest them.” A complete list of retraining-in opportunities is available at the 12th Mission Support Squadron’s retraining office. Vulnerability listings for retraining-out by grade and specialty code will be updated on a weekly basis. The office also provides real-time updates for applications and actual program status numbers. For more information, call Staff Sgt. Todd McGinnis at 652-3054. (Courtesy of Air Force Print News)

NEWS BRIEFS

New lighting for Taj

A new lighting system is now being installed on Building 100, the “Taj.” The work is being done in four phases and should be completed around the middle of March. According to 12th Civil Engineer Squadron officials, during the installation process, people may observe some unusual light and shadow effects as different elements of the system are brought on line. This is nothing for people to call in about because the base civil engineers are

carefully monitoring progress of the work to ensure that the final product does justice to the historic building.
Some tax statements now online
Tax statements are now posted on myPay for Army, Navy and Air Force Reserve, Department of Defense and Department of Energy civilian employees, military annuitants and military retirees. Air Force active-duty members should start seeing their statements today, but may not see them until as late as Jan. 26.

The W-2 and 1099 statements are available for these groups to view and print, allowing them to submit their tax returns. Employees can view their tax statements from myPay at <https://mypay.dfas.mil>. For assistance call myPay customer support toll-free at (800) 390-2348.
Firing range safety
Personnel going to the base firing range are advised not to wear contact lenses while firing weapons. Smoke and the concussion from the firing will irritate the eyes.

Glasses or gas mask inserts are recommended for those who need corrective lenses.
Trespass notice
The Randolph Firing Range, Building 1298, located on the southeast corner of the base, is off limits to unauthorized personnel. Trespassing is illegal and dangerous because of gunfire. For official access to the firing range, contact the Combat Arms element at 652-3275.

BRAC

Continued from Page 1

Congress has authorized BRAC four times in the past: 1988, 1991, 1993 and 1995. The Air Force has closed 22 bases as a result of BRAC.

Through 2001, BRAC actions have saved DOD about \$16.7 billion, with an estimated recurring savings of \$6.6 billion annually.

DOD officials warn that there have already been many Internet sites and national and local news articles stating that certain bases are or are not on the base closure and realignment list.

“This information is inaccurate and

misleading,” said DOD officials. “ It is important to note that all military installations in the United States and its territories will be considered and treated equally, and all recommendations for closure or realignment will be based on the Congressionally approved selection criteria.

“There is no BRAC closure list and there will not be a BRAC closure list until next year.”

The first official listing of bases chosen for closure or realignment will not be published until May 2005. In the meantime, any questions regarding the BRAC 2005 process, should be directed to the 12th Flying Training Wing Public Affairs or Plans and Programs offices.

2005 Base realignment and closure timeline

	December 2003: Secretary of Defense submitted the proposed selection criteria he will use to make base closure and realignment recommendations. The proposed selection criteria will undergo a 30-day public comment period.
	January 2004: Installation formal data calls begin.
	February 2004: Department of Defense will publish its final selection criteria.
	March 2004: Final selection criteria will be submitted for Congressional approval. Disapproval requires a joint resolution.
	March 2005: The president will nominate nine BRAC Commission members.
	May 2005: After gathering information and completing a comprehensive analysis, the Secretary of Defense will submit recommendations for realigning or closing bases to the independent BRAC Commission.
	May to September 2005: The BRAC Commission will review the process.
	September 2005: The BRAC Commission will forward its report and recommendations to the President.
	Sept. 23, 2005: Date by which the president must accept or reject the recommendations in their entirety and forward to Congress.
	Nov. 7, 2005: Date by which Congress must act on the recommendations, if accepted. A joint resolution is required to disapprove.

America at War

Iraqis coming forward with information since Saddam's capture

By Sgt. 1st Class Doug Sample
American Forces Press Service

WASHINGTON — Despite attacks against U.S. and coalition troops and innocent Iraqis, an encouraging trend since Saddam Hussein’s capture has been the increasing number of Iraqis who are coming forward with information, Marine Corps General Peter Pace told reporters Tuesday during a Pentagon briefing with Defense Secretary Donald Rumsfeld.

General Pace, vice chairman of the Joint Chiefs of Staff, said both those who had no apparent previous affiliation with the Baath Party and now some previous Baath Party officials are “coming forward and leading us to caches, giving us information about individuals who we’re looking for.”

The general said that in the past week, Iraqi citizens have led coalition troops to “truckloads” — and he repeated the word for emphasis — of ammunition and explosives.

“Out of some 200 raids that were conducted this past week, a number of those were specifically the result of tips we had gotten from the Iraqi people,” General Pace said. “So it’s very encouraging that these folks are coming forward. The results have been very positive, and we’re looking forward to being able to conduct more raids and operations based on that kind of intelligence in the future.”

However, more raids and better intelligence have not

quelled attacks in the country, and reporters questioned the general as to the nature of attacks, specifically those aimed at helicopters.

U.S. Central Command officials reported Tuesday that another helicopter was downed in Iraq near Habbaniyah, possibly by enemy fire, according to media reports. The AH-64 Apache attack helicopter was conducting an aerial security patrol for a ground convoy moving in the area. The crew escaped unhurt.

Although he said he would not characterize the attacks as a trend, the general admitted concerns with the way insurgents now are targeting U.S. troops, and that the attacks against U.S. aircraft are changing the way the military operates in Iraq.

“Clearly, the attacks, specifically on helicopters, are of concern to us,” the general said. “And what we do, as any military would do, is to change our tactics, techniques, and procedures, and the defense mechanisms that we have available to us to mitigate that.

“I’m not going to tell you exactly what we’re doing,” he continued, “because we don’t want to tell the enemy what we’re doing. But we are, in fact, learning from each of their attacks and modifying the way we do business.”

Meanwhile, on U.S. efforts to glean intelligence from Saddam Hussein, Secretary Rumsfeld told reporters the CIA is doing a “good job” in its interrogation of the captured dictator. On the dictator’s status as an enemy prisoner of war, the secretary noted there are “technical legal” issues involved.

“The policy people make the decisions, and the legal interagency group has been, obviously, thinking this through,” he said. As whether the prisoner-of-war status would allow the United States to try Saddam in a military tribunal, the secretary said because of the dictator’s



Vice Chairman of the Joint Chiefs of Staff, Marine Corps Gen. Peter Pace responds to a reporter’s question during a joint press conference with Secretary of Defense Donald Rumsfeld Tuesday. (Photo by R. D. Ward)

actions, Saddam potentially could be prosecuted by several governments — including those of Iraq, Kuwait and Iran — as well as for activities of the Iraqi insurgency against coalition troops.

The secretary said, however, it’s unlikely the U.S. military would put Saddam on trial. “I think that the president’s pretty well clear that he wants to have the Iraqi people engaged in this,” Secretary Rumsfeld said.

Legal office to offer free help with tax returns

The Randolph Legal Office, in conjunction with the Internal Revenue Service, will begin offering tax assistance to some customers through the Volunteer Income Tax Assistance program starting this week.

People who qualify for this free service include all active or retired military members and family members with valid military ID cards.

Beginning Tuesday, all 1040EZ taxpaying clients, can set up an appointment for tax assistance. All others can set up appointments starting Jan. 26.

All customers need to bring any of the following items that apply to them to their appointment before the office can process the tax return:

- Valid military ID card
- Social security card of both the individual

- and their family members
- W2 form(s), including a separate W2 for any DITY moves made in 2003
 - All other important financial records, including an advance child tax credit notice if applicable, 1099s, social security income forms and other information regarding stocks, bonds, mortgages and other income
 - Last year’s tax returns
 - Bank account number
 - Bank routing number

The tax center is located in the “Taj Mahal,” Building 100.

Active duty military members should call their unit tax assistant to schedule an appointment. If a person’s unit does not have a UTA, as well as those members of the 12th Flying Training Wing wing staff, should call 652-1040 or 652-1041 to schedule an appointment. All retired military members should call the retiree affairs office at 652-6880 to schedule an appointment.

For more information, customers should call the IRS at 1-800-829-1040, or visit www.irs.gov.

(Information provided by the base legal office.)

Clinic starts ‘hands free’ records process

By Maj. Deborah Young
12th Medical Operations Squadron

The Randolph Clinic has recently implemented a new policy for taking medical records to off base appointments.

From now on, when a person’s Primary Care Manager determines that the patient’s care should be referred to a specialist at another treatment facility, the patient is no longer required to hand carry the medical record to that appointment.

When the referral is first initiated by a person’s PCM, the patient’s provider will be responsible for identifying which appropriate portions of the patient’s medical record will need to be copied before that patient leaves the 12th Medical Group. The patient will be asked to only hand-carry a copy of that portion

of the medical record to the referral or subspecialty provider. This will ensure protection of the original record and prevent misuse or loss of the patient’s medical history.

This new standard is supported by the Health Insurance Portability and Accountability Act and ensures medical records are secured and protected from unauthorized access in accordance with federal law.

The standard is also the directive of the Air Force Surgeon General, dated Aug. 2, 2002 and validates the same direction given in Air Force Instruction 41-210, paragraph 4.4.3.

The 12th MDG appreciates customer feedback and comments during this period of transition.

For questions or concerns about these changes within the healthcare system, call 2nd Lt. Kenneth Chapman, at 652-4303.

More airmen may live off base

By Staff Sgt. Todd Lopez
Air Force Print News

WASHINGTON – A change in how the Air Force figures unaccompanied housing requirements will call for fewer dormitory rooms – meaning more airmen could move off base in the future.

Under the new policy, which took effect Jan. 1, the Air Force must provide dormitory housing for unaccompanied E-1s through E-3s and E-4s with less than three years of service. Previously, the Air Force maintained dorm spaces for all unaccompanied airmen below E-5.

The policy change is designed to make

the number of dorm rooms the Air Force must have available more predictable, said Chief Master Sgt. of the Air Force Gerald Murray.

“It is easier to base a construction policy on years in service as opposed to rank within the service,” Chief Murray said. “We feel this construction policy will give us the best predictability.”

Basing dorm room requirements on how many airmen are a certain rank is like “hitting a moving target,” Chief Murray said. The problem lies in the wide range of time it takes for senior airmen to graduate to the noncommissioned officer grade.

“It currently takes an average of 4.6

years until our airmen sew on staff sergeant, but it used to be as high as six years,” Chief Murray said. “Some take as much as seven or eight years time.”

Calculating how long it takes an airman to reach E-4 is not nearly as unpredictable. Most airmen reach E-4 within four years – some in as little as two with a below-the-zone promotion. That combination of rank, time in service and predictability makes the three-year senior airman the ideal cutoff point, Chief Murray said.

“Our standard will be that we will provide housing for airmen with up to three years service, and at that point, if

dormitories are not available, our policy will provide other options for them,” Chief Murray said.

Basic Allowance for Housing rates are now set high enough that a senior airman should be able to obtain adequate housing downtown, without paying a lot of out-of-pocket costs, Chief Murray said. That trend will continue, and by 2005, BAH is expected to pay 100 percent of off-base housing costs.

“Today we believe that our young airmen have the pay and allowance to go into the downtown areas and afford good-quality homes,” Chief Murray said.

(Courtesy of Air Force Print News)

Scholarships offered to college-bound, part-time students

By Jennifer Valentin
Wingspread staff writer

Applications for the Bernard P. Randolph Scholarship are now available for college-bound seniors or full and part-time college students in the San Antonio area who are in some way related to the military community.

All students must submit a completed application for one of the \$500-\$1,000 scholarships, and write a 600-800 word essay on the 1954 “Brown vs. Board of Education” incident. Students are asked to discuss what impact the decision from “Brown vs. Board of Education” had on the social climate

before the decision, after the decision and how the climate has evolved.

Essays must be double-spaced and typed in 10-pitch or word processed in 12-font on 8 1/2” by 11” plain white paper. All of the work submitted must be original, and it is asked that the applicant’s name not be in the essay.

To be eligible for a Bernard P. Randolph scholarship, students must be at least one of the following:

- Active duty, reservist or retired military member
- Civil service employee
- Department of Defense student-hire or contractor
- Immediate family member: such as spouse, child,

- parent/guardian, grandparent or grandchild, of a San Antonio DoD employee

According to the scholarship Web site, applicants must also be well-rounded individuals involved in school activities and/or community activities and be able to show proof of enrollment in a college or university at the time of scholarship payment.

Applications are available at the family support center, education center and library, or students can download an application at <http://www.brooks.af.mil/aaca/>

Applications and essays are due before 1 p.m. Feb. 5.

For more information, visit the Web site or call 652-5321.

Air Force all the way!

Allick family makes military service their proud tradition

By Bob Hieronymus
Wingspread staff writer

Some families have traditions that go back for generations, but the Allick family members make their own traditions - those of military service and excellence in everything they do.

Three children of Chief Master Sgt. Susan Allick and her husband, retired Senior Master Sgt. Melvin Allick, are active duty Air Force, which is something of note. But the real story is what they have accomplished along the way.

Chief Allick can point to many personal accomplishments — making Chief is a commendation in itself — but she just glows when she starts to talk about her family. “We’re an Air Force family all the way,” she said.

Chief Allick has been assigned to the Air Force Personnel Center as an active duty Reservist for 15 years and now is the senior manager of the Palace Chase program. She has worked in personnel, training and finance career fields in the Air Force, Air National Guard, civil service and Air Force Reserve units.

Her husband retired during his assignment with the Air Education and Training Command in 1993 with more than 26 years of active duty service. Since then, Mel has been the aquatics director at the Alamo Heights High School.

As a U.S. sanctioned swim coach, he took Olympian Josh Davis to his first national competition. In 2002 and 2003, Mel won the San Antonio Division IV coach of the year.

Their daughter, Christina, is an Air Force F-16 pilot, and married to Capt. Aaron Hopper, also an F-16 pilot. Captain “Thumper” Hopper is a distinguished graduate of the AFROTC program at the University of Texas at Austin, and is a marathon runner. She was a recipient of a Daedalian Scholarship while a student there.

She was also selected as a representative for the African American Pilot Recruiting Program and is frequently asked to be a public speaker promoting Air Force careers.

Captain Hopper flew combat missions in Operation Iraqi Freedom and has many harrowing tales to tell about her missions there. She was interviewed several times for national news broadcasts. In 1998, she was assigned to Randolph, serving as an assistant executive officer in the 559th Flying Training Squadron.

Chief Allick smiled as she pointed out that their second child, Indira, is the only member of the family without a military future, but, she added, it wasn’t because she didn’t try. Indira qualified for the Olympic swim team trials three times, in junior high school, in high school, and once while on sabbatical from medical school.

When she tried to enter the Air Force, she discovered that all her swimming activities left her with sports induced asthma, disqualifying her from military duty, which is why she went on to pursue medical school. Indira later received kudos as one of 12 distinguished graduates in her class at the University of Texas in Austin and was awarded a scholarship to Baylor medical school. She and her husband, David Murr,



The Allick family from left to right, son, 1st Lt. David Allick; father, retired Senior Master Sgt. Melvin Allick; mother, Chief Master Sgt. Susan Allick; daughter, Capt. Christina Hopper; daughter, Indira Murr; son, Staff Sgt. Melvin Allick II. (Courtesy photo)

are now working on their residency programs in emergency and family medicine, respectively, and are considering medical missions work some time in the future.

Staff Sgt. Melvin Allick II is a pararescue instructor, stationed at Lackland. Being a PJ demands keenly developed skills and quick thinking, which he demonstrated in April 2002 when he came across an accident scene where a vehicle had rolled on the highway, throwing nine of the ten occupants out in the process. He quickly assessed the situation, while a state trooper called in the accident. Using triage techniques he learned as a PJ, he started medical treatment. He then directed the emergency efforts until medical helicopters arrived. Five of the injured required evacuation by helicopter. For his efforts in the rescue, he was recognized by the Texas Department of Public Safety with the Director’s Award, the highest award given by the DPS to non-department personnel.

Sergeant Allick also participated in triathlon events in 2001 and 2002, placing in the top 10 percent in the nation.

But Melvin’s mom says this is just a

continuation of his athletic accomplishments in high school where he earned 1st team All-American swimming honors. He will graduate from Wayland Baptist University in June and says he is anxious to see where God will lead him next. Chief Allick proudly added that Sergeant Allick and his wife are expecting twins in the near future.

The youngest member of the family is David, now a 1st Lieutenant assigned to the Air Force Occupational Measurement Squadron here. Chief Allick proudly introduced him as her baby, but his imposing 6’2” frame told another story.

A successful record in high school football, a distinguished graduate from the Angelo State University ROTC program, and now selection as the Randolph Ambassador for 2004 all mark him as another maximum achiever — all in the Allick family tradition.

Chief Allick is quick to give credit for all her family’s accomplishments to their faith in Jesus Christ.

“It is by his merciful grace that we have the opportunity to be of service to each other and to those around us,” she said.

E-mail Wingspread submissions to wingspread@randolph.af.mil

Good Neighbor: Construction Zones

(This “Good Neighbor” column is designed to help Team Randolph members be good stewards of our historic infrastructure. The column is planned to alternate with “Construction Corner” and will include helpful tips from our 12th Civil Engineer Squadron for facility managers and housing residents. I appreciate your continuing efforts to help maintain Randolph as the Showplace of the Air Force!

– Col. Greg Patterson, 12th Support Group commander)

There are more than 200 projects from the 12th Civil Engineer Squadron ongoing on Randolph right now. That means there are a lot of construction zones on base. The 12th CES cannot impress upon Randolph members and visitors enough the importance of being cautious and attentive in and around construction zones.

Here are a few pointers to help people out, so they can help CE out in return.

- Obey all signs and postings, including caution tape, construction cones and construction fencing.
- Do not disrupt barriers for roads or parking, even though it may seem like it wouldn’t hurt to go through a zone instead of around, some materials, such as pavement, need time to sit before being used. Premature disruption can cause failure in the material.
- Help educate children about the dangers around base. Keeping kids away from construction zones will lend a hand to their safety.
- Show the contractors respect by minimizing interference with their work. They are doing their jobs efficiently and as quickly as possible.

If a person notices something wrong with a construction site, such as missing barricades or signs, call 652-3151. The civil engineer squadron appreciates everyone’s patience as they strive to make Randolph a better and more beautiful community to work and live.

COMMUNITY BRIEFS

ANNOUNCEMENTS

Tops In Blue looking for talent

Tops In Blue is looking for talented and enthusiastic military members to be part of its 2004 show.

Applications for the Air Force Worldwide Talent Contest are available at the 12th Services Division marketing office in Building 112, room 108.

All applications, along with a VHS tape of the applicant performing, a letter of commitment from the performer and a letter of intent from his or her commander must be submitted to Headquarters Air Force Services Agency before Feb. 10. For more information, call 652-2052.

Commissary open MLK Day

The commissary will be open on Monday, Martin Luther King Jr. Day, from 7 a.m. to 8 p.m.

For more information, call 652-5102.

Thrift shop closure

The thrift shop will be closed Monday in honor of Martin Luther King Jr. Day

For more information, call 658-5990.

Home alone training set

The family support center offers a home alone training class from 5 to 6 p.m. Jan. 29 for children ages 6-12.

The class is designed to prepare children on what to do if they are left unattended in base quarters for short periods of time.

Children and parents must attend the training together.

To register or for more information, call family advocacy at 652-6308.

ASMC seminars set

The Alamo Chapter of the American Society of Military Comptrollers hosts its annual Professional Development Seminar Feb. 9-10 at Retama Park.

The theme for this year’s event is “Global Strategies – Resourcing the Flight.”

The cost is \$125 for members, \$175 for non-members for both days or \$100 for one day and \$15 to attend lunch sessions only.

For more information, call Ada Fromuth at 652-6220, extension 3087.

Claims briefing schedule change

Starting Feb. 9, the legal office claims briefing, which is responsible for filing household goods claims, will be held every other Monday at 1:30 p.m. in the “Taj Mahal,” room 214.

Any changes to the briefs will be posted on the entry doors.

For more information, call 652-3110.

Evening vet clinic scheduled

The Randolph Veterinary Treatment Facility is open from 4 to 8 p.m. Wednesday. Active duty military members,

retirees and family members are eligible to take their pets there for treatment.

Reservists on active duty status must bring a copy of their orders with a valid military ID card.

To schedule an appointment, call 652-3190.

Board of Trustees meeting set

The Randolph Field Independent School District is having a board of trustees meeting at 4:15 p.m. Thursday in room 21 at the high school. The public is invited to attend.

An agenda is available at www.randolph-field.k12.tx.us.

FAMILY SUPPORT 652-5321

ASMC luncheon held

The Alamo Chapter of the American Society of Military Comptrollers luncheon is scheduled Jan. 28 from 11 a.m. to 1 p.m. at the Lackland Gateway Club. Anyone is welcome to attend. Reservations are required before Wednesday.

For more information, call Senior Master Sgt. Sheri Pearson at 977-4995.

FSC closure

The family support center will be closed Monday in honor of Martin Luther King Jr. Day.

Airmen’s Attic

The Airmen’s Attic is open Thursday from 10 a.m. to 1 p.m. for E-4 and below. People can donate household items and clothing by dropping items off Monday through Thursday from 8 a.m. to 4 p.m., and Friday from 8 a.m. to noon.

Large items can be arranged for pick-up from homes by calling 652-3060.

Moms, Pops and Tots

The next Moms, Pops and Tots meeting is scheduled for Thursday from 10 to 11:30 a.m. in the chapel center annex. This is an educational group that meets for parents with children age five and under, allowing them to interact with other children.

For more information, call 652-5321.

Texas Drug and Alcohol Driving Awareness program

The family support center offers a Texas Drug and Alcohol Driving Awareness program course from 8:30 a.m. to 3:30 p.m. Jan. 24.

During the course students will study the risks associated with alcohol and drug abuse while driving.

Upon completion of this course, students can get a 5 percent discount on automobile insurance, for a renewal period of three years.

For more information or to sign up, call 824-8180.

EDUCATION SERVICES 652-5964

Education center closed

The education center will be closed Monday in honor of Martin Luther King Jr. Day.

Texas State University degrees available

Texas State University offers Bachelor of Applied Arts and Sciences degrees, which utilize military and Community College of the Air Force credits, work experience and College Level Examination Preparation/DANTES scores.

TSU is now taking applications for the spring term II.

A TSU representative is available at the education center Mondays from 1 to 4 p.m., and no appointment is needed.

For more information, call 659-0954 or e-mail bh11@txstate.edu for more information.

TA for AETC civilians available

All appropriated-fund civilians within the Air Education and Training Command chain of command, can now receive financial support for higher education under the Civilian Tuition Assistance Program.

The CTAP will fund 100 percent of tuition costs, not to exceed \$250 per semester hour. There is a cap of \$4,500 per year, per student, dependent on availability of funds. The tuition assistance program is limited to instructional costs and laboratory fees. Books and other fees will be the responsibility of the student.

Participants may not be receiving support from any other sources such as the GI Bill, Veterans’ Administration or career programs.

Agreements must be signed to satisfactorily complete the courses or pay back the tuition. Courses must be attended during non-duty hours.

For more information, call 652-5964.

Wayland Baptist University students

Registration is Monday for graduate students and students graduating this term. Registration for active duty military with a time permit is Tuesday and Wednesday, and for military by walk-in is Jan. 23 on campus.

Randolph students must register first and then bring a copy of their registration form to the education center to get tuition assistance.

The approved tuition assistance form will be sent to Wayland by the Randolph Education Center.

Civilians using tuition assistance will be required to get their tuition assistance forms prior to registering for courses.

Classroom use changes

Effective Feb. 1, the education center will no longer be loaning out their

classrooms during the day for anything other than distance learning and college classes.

CHAPEL SERVICES 652-6121

Protestant

Sunday -Worship I at 8:30 a.m. in chapel 1; Liturgical at 10 a.m. in chapel 1; Worship II at 11:30 a.m. in chapel 1; Gospel at 1 p.m. in chapel 1; Sunday School Program at 6 p.m. in chapel 1

Monday - Martin Luther King Jr. Day, chapel center closed

Tuesday - Men’s Bible Study at 11:30 a.m. in the chapel center; Protestant Women of the Chapel Autumn Winds visit at 2 p.m. at the Autumn Winds Retirement Home

Wednesday - PWOC Bible Study at 12:15 p.m. in the chapel center; Women’s Bible Study at 6 p.m. in the chapel center; Gospel Choir at 7 p.m. in chapel 1

Thursday - Children’s Choir at 5:15 p.m. in chapel 1; Precept Bible Study at 6:30 p.m. in the chapel center; Chancel Choir at 7 p.m. in chapel 1

Catholic

Friday - Rosary at 11:10 a.m. in chapel 1; Mass at 11:30 a.m. in chapel 1

Saturday - St. Joseph’s Men’s Group at 8 a.m. in chapel 1; Confession at 4:30 p.m. in chapel 1; Mass at 5:30 p.m. in chapel 1.

Sunday - Mass at 8:30 a.m. in chapel 2; Mass at 10:30 a.m. in chapel 2; Mass at 11:30 a.m. in chapel 2.

Monday - Martin Luther King Jr. Day in the chapel center, closed, No daily Mass

Tuesday - Rosary at 11:10 a.m. in chapel 1; Mass at 11:30 a.m. in chapel 1; Rite of Christian Initiation for Adults at 7 p.m. in chapel 1

Wednesday - Rosary at 11:10 a.m. in chapel 1; Mass at 11:30 a.m. in chapel 1

Thursday - Rosary at 11:10 a.m. in chapel 1; Mass at 11:30 a.m. in chapel 1; Cantor Practice at 6:30 p.m. in chapel 2; Traditional Choir Practice at 7:30 p.m. in chapel 2

Ecumenical

Wednesday - Film Luncheon at 11 a.m. and 12:15 p.m. in the chapel center; Christian Youth of the Chapel Bible Study at 7:30 p.m. in the chapel center

MOVIES 652-3278

Today

“Tupac: Resurrection” (R), 7 p.m.

Starring Tupac Shakur - A documentary of the hip-hop artist, Tupac.

Saturday

“The Haunted Mansion” (PG), 2 p.m.

Starring Eddie Murphy - A family encounters a ghost while visiting a haunted house.

SERVICES

MISCELLANEOUS 652-2052

Services market survey

Services leadership is in need of accurate, timely market information to make critical management decisions.

“Corporate Prism” is an Air Force Services marketing initiative that provides answers to such questions as: Who and where is the market for services programs and activities? What are potential target areas for growth and what improvements in existing programs would increase frequency of visits?

The “Corporate Prism” surveys will be mailed to active duty, retirees, reservists and civilians in the Randolph area this month. The surveys provide valuable base-level market information for improving activities and developing new programs.

The 12th Services Division asks those who receive a survey to please fill it out. For more information about the survey, call Shelta Reese at 652-2052.

Family providers needed

The Randolph Family Child Care Office is in need of providers.

FCC will provide on-base training to providers at no cost, offers a low child-to-provider ratio, an extensive lending library and supplies, and the Air Force Subsidy Program is available to offset parent costs.

Randolph Family Child Care homes provide care for infants, two weeks to 24 months old; toddlers, two to three years old; and preschoolers three to five years old; before and after school children; children with special needs; extended duty care and drop in care.

Child care providers also enjoy benefits such as determining their own work hours, a flexible schedule, CPR and first aid certification at no cost, and participating in the USDA Food Program.

For more information about the Air Force Family Child Care Program, call 652-3668

Flea Market scheduled

A flea market will be held from 8 a.m. to 1 p.m. Jan. 24 in the Randolph Clinic parking lot.

The cost is \$15 for the first table and \$3 per additional table. To reserve a table, stop by Building 897.

YOUTH CENTER 652-2088

Teen Aviation Camp offered

Teens can try for the chance to spend a week at the Air Force Academy in Colorado by applying for the 2004 Teen Aviation Camp held June 5-11.

The program is open to eligible youth center members who will have completed their high school freshman or sophomore year in 2004 and would like to explore the U.S. Air Force Academy as a possible college choice.

The camp gives students an idea of what life at the academy would be like, its environment and facilities and what opportunities are available there.

Teens will participate in a wide variety of outdoor and classroom activities at the six-day camp, to include flight simulator training, wilderness orienteering, horseback riding, a ropes course, team building exercises and meetings with cadets.

Interested teenagers can pick up an application form at the youth center, Building 585. Applications must be submitted by Feb. 20.

Bowl By Mail program available

The Air Force Services Agency is

sponsoring a worldwide youth bowling event, letting children and teens compete their bowling scores against other youth their age around the world. The divisions are male and female, ages 5-8, 9-11, 12-14 and 15-18. The Youth American Bowling Alliance League and Tournament rules and regulations will be used. However, this is not a YABA sanctioned event.

Trophies will be mailed for the high series and high game scores in each age category. All age groups will bowl three games.

The last date for this event is Saturday from 9:30 a.m. to 12:30 p.m.

To register for the event, call the youth center at 652-3298.

ITT & EQUIPMENT CHECKOUT 652-5640

January Birthday Special set

Customers can rent a bouncy castle for \$79 and receive a bonus popcorn or sno-cone machine rental in January.

A \$50 deposit is required for the bouncy castle, and a \$25 deposit is required for the popcorn or sno cone machine. Deposits are refundable.

Kinder Gambling Trip

The information, ticket and travel office is hosting a Kinder Gambling Trip Jan. 27-28.

The trip, which costs \$37 for double occupancy and \$72 for single occupancy, includes round trip motor coach transportation to the Grand Casino Coushatta in Kinder, La., hotel accommodations, continental breakfast, a dinner buffet and a tour guide.

The trip departs at 8 a.m. and returns at 9:30 p.m.

Laredo shopping tour set

The next Laredo shopping tour departs Randolph Feb. 7 from Building 897 at 7:45 a.m. and returns at approximately 9 p.m. The cost is \$25, and includes round trip transportation and a tour guide.

Texas Treasure Casino

The Texas Treasure Casino trip departs Building 897 at 7 a.m. Feb. 28 and returns around 9:30 p.m. The trip stops for meals on the way and back, at the customers’ expense. The cost is \$25.

ITT offers show tickets

The information, ticket and travel office offers tickets to the following:

- David Copperfield at the Majestic Theater from Feb. 11-12. Ticket prices range from \$33-50.
- Disney On Ice Presents: “Monster Inc.” from March 11-14. Ticket prices range from \$18-44.

CANYON LAKE 1-800-280-3466

Canyon Lake Boating Safety Course

A free boating safety course is held 9 a.m. to 3 p.m daily at the Canyon Lake welcome center.

For more information, call the Canyon Lake recreation office at 1-800-280-3466

Canyon Lake shelters

People can rent a shelter for half-price –\$17.50 per night – Monday through Thursday during January and February.

WOOD SKILLS CENTER 652-7422

Wood skills project

The wood skills center hosts a children’s classroom wood project from 10 a.m. to noon Saturday.

Services enters the ICE age

The 12th Services Division is traveling fast-forward into a time of web-based customer feedback, as it officially starts using the Interactive Customer Evaluation system Feb. 1.

This new interactive Web site allows base customers to give direct and immediate feedback to activity managers about the products and services offered by the division here on base, said officials.

“ICE is the difference between the speed of paper and the speed of electrons!” said George DeCoux, 12th Services Division chief. “All you need is an Internet browser to access the ICE system from literally any computer, any time, and any place.”

To access the system and give feedback on Randolph services, log on to <http://ice.disa.mil/>, then click on “Air Force,” click on “CONUS” and then on “Randolph.” Next, customers can select a category such as dining or recreation followed by that particular service’s provider, such as the enlisted club or officers’ club. Customers can then opt to click on the info icon to view information such as hours of operation, phone numbers and upcoming events or they can click on the service provider link to access the customer comment card.

During the class, children will assemble, glue and sand a pre-cut bear shaped toothbrush and cup holder. The cost is \$5.

ENLISTED CLUB 652-3056

AFC/NFC Championship Games

People can watch the American Football Conference/National Football Conference championship football games Sunday starting at 11 a.m. A special meal will be served during the game for \$3.95.

XXXVIII Super bowl party set

The enlisted club’s Super Bowl party begins at 3 p.m. Feb. 1 in Gil’s Pub. Reserved seating is for Football Fandomonia participants only. Today is the last day for reservation confirmations. Any remaining seating will be on a first come, first serve basis.

A rib-eye steak special will be offered for \$4.95 and door prizes will also be given away during the event.

OFFICER’S CLUB 652-4864

Bingo Appreciation Night

Bingo appreciation night is Thursday. A buffet runs from 6 p.m. to 7 p.m. followed by bingo

Sky lounge performance

Paul Kandra performs in the Sky Lounge Jan. 23 from 6:30 to 10:30 p.m. The event is free.

Birthday buffet

The monthly members birthday buffet is Jan. 28 from 6 p.m. to 8:30 p.m. Members celebrating their birthday in January can enjoy a free meal.

BOWLING CENTER 652-3056

Martin Luther King Day special offered

The bowling center offers a Martin Luther King Day special from 1 to 9 p.m. Monday. Customers can bowl for \$1.50 a game.

With just the click of a mouse, the system sends the customer’s comments, suggestions, complaints or compliments directly to the appropriate service provider for action, Mr. DeCoux said.

There is a manager for each Services activity and when a comment card is submitted an e-mail message is sent to the manager. Managers will use the feedback to continuously review, improve and provide the highest quality of service possible, officials said.

ICE began as a joint project sponsored by the Office of the Secretary of Defense Quality Management Office and Headquarters U.S. European Command. The primary purpose of ICE is to improve customer service by giving management timely information about service quality and by improving speed, quality and quantity of feedback from customers.

The 12th Services Division activities at Randolph can still be rated with the customer satisfaction comment cards available at all facilities.

For more information about ICE, call Shelta Reese at 652-2052 or contact her by email at shelta.reese@randolph.af.mil. (Information provided by 12th Services Division)

SKILLS CRAFT CENTER 652-5142

The Skills Craft center offers the following classes in February.

Pouring ceramics classes

Students can learn how to pour ceramics, properly care for molds and attachments, draping, and how to use stains and glazes.

Classes are held Saturdays from 11 a.m. to 2 p.m. in four sessions. The cost is \$35 plus supplies.

Class dates are Feb. 7, 14, 21 and 28.

Stained Glass class offered

Students learn the basics of copper foil and how to cut and grind an 8x10 panel.

The cost is \$35 plus supplies for the four session course.

Classes are held on Mondays and Wednesdays in February from 6 to 8 p.m.

Framing class offered

Students can save on framing costs by becoming a certified framer. During this class, students learn color and material selection, measuring, mat and glass cutting, and frame assembly.

Classes are Tuesdays from 6 to 8 p.m. The cost is \$45 and includes supplies. Class dates are Feb. 3, 10, 17 and 24.

Pottery wheel class offered

Students will learn clay preparation or wedging, and work on the potter’s wheel to create cylinders, bowls and pots.

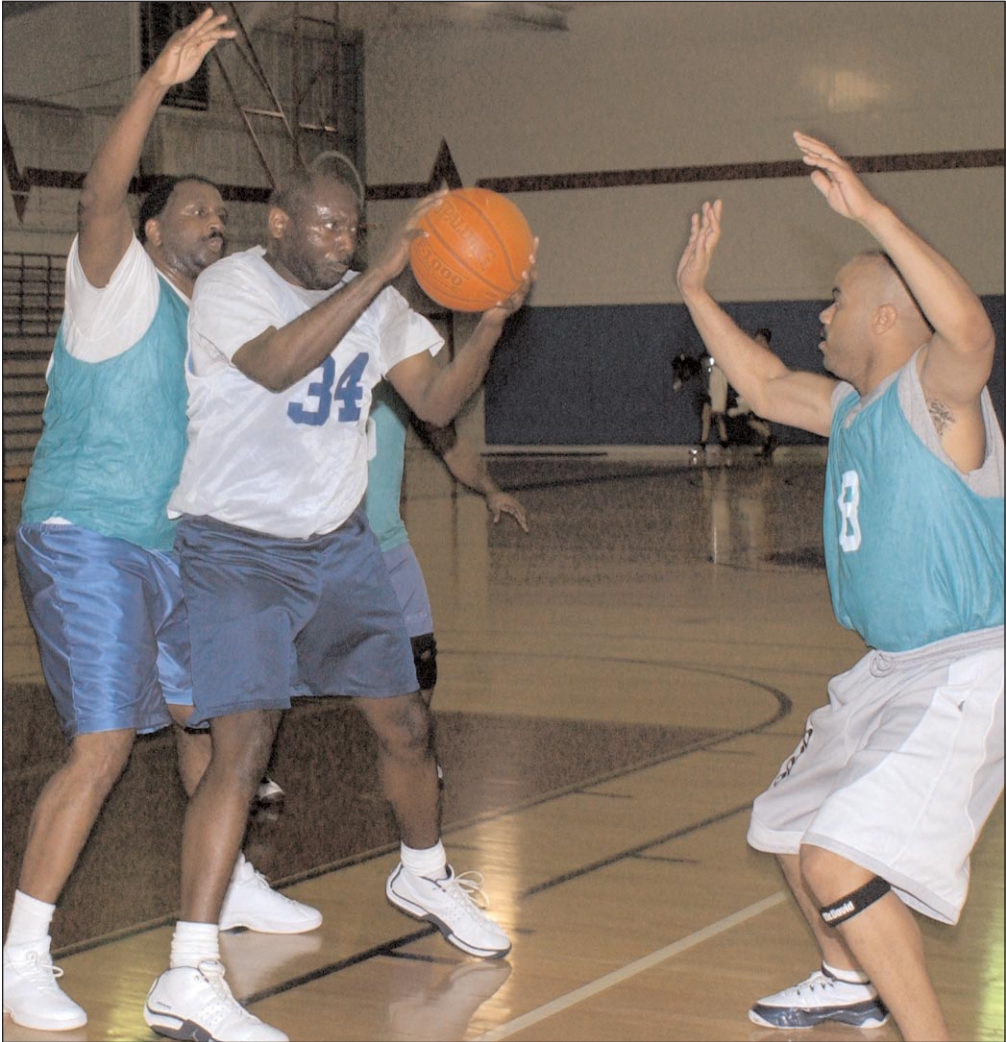
The cost is \$35 plus supplies and includes firing two pieces made during the four-session class.

Classes are held on Tuesdays in February from 6 to 8 p.m. and Wednesdays in February from 10 a.m. to noon and 6 p.m. to 8 p.m.

Youth ceramics classes offered

During this class, youth ages six and up will learn ceramic cleaning and staining techniques.

The cost is \$20 plus supplies and students will get to keep the ceramic item they decorate. Classes are held Saturdays from 10 a.m. to noon for four sessions. The class dates are Feb. 7, 14, 21 and 28.



William McClendon, Air Education and Training Command plans office, looks for an open spot to pass the ball through 12th Logistics Readiness Squadron defenders during the teams’ extramural basketball match Monday night. (Photo by Medora Arnaud)

12th LRS defeats AETC/XP 50-38

By Senior Airman Lindsey Maurice
12th Flying Training Wing Public Affairs
and Staff Sgt. David Maurice
12th Operations Support Squadron

The 12th Logistics Readiness Squadron triumphed over the Air Education and Training Command plans office 50-38 Monday night in extramural basketball.

LRS’ Christopher Bryson, Terry Burden and Sean Martin lead their team with a combined 25 points and 29 rebounds.

AETC/XP dictated slow pace early, waiting for open shots and relying on offensive rebounds.

Taking advantage of their three-point shooting skills early in the game, AETC/XP’s Anthony Hardrick and Arnold Mosley, were able to connect on consecutive treys, helping their team take an early 10-4 lead.

Despite the early deficit, LRS fought hard for rebounds and ran the fast break on every play, taking full advantage of their team quickness, to close out the half with a 20 to 6 run.

“We realized we needed to take advantage of their (bigger) size and run

more fast breaks,” said LRS coach Alberto Mir. “Our speed and teamwork is what brought us the lead and the win tonight — we’ve been playing together for three years now, so we know each other pretty well on the court and what we need to do.”

As the teams rolled into the second half with a fresh wind, both took the pace of the game up a notch. LRS continued to keep at least a six point advantage for the majority of the half as the teams took turns running the ball up the court for quick and easy buckets.

With 4 minutes left in the game, down 40-34, AETC/XP’s Hardrick pulled out a steal in the middle of the paint and found Frank Miller on the far end, open for an uncontested lay-up – closing the gap to four points.

But even with the adrenaline flowing, AETC/XP was unable to get any closer to their opponents. LRS closed out the game on a 10-2 run.

“We went on a good run in the second half when we switched to man-to-man,” said AETC/XP coach Hardrick. “But we just weren’t able to catch up.”



Chief Master Sergeant of the Air Force Gerald Murray performs the push-up portion of his fitness evaluation. Chief Murray helped Air Force Chief of Staff Gen. John Jumper officially launch the new Air Force fitness standard Jan 7. (Photo by Master Sgt. Jim Varhegyi)

Fit

Continued from Page 1

“We are all over the world and in all sorts of climates,” General Jumper said. “If you talk to the combat controllers, who during Operation Enduring Freedom were up at the top of 14,000-foot mountains with 100 pounds of gear, it becomes quite evident we need to be fit — fit to fight is the term we use.”

Actually becoming fit to fight, and maintaining that fitness, is a similar process regardless of where an airman is stationed in the world, said Chief Master Sergeant of the Air Force Gerald Murray before leading nearly 40 chiefs through warm-up exercises before their evaluation.

“Our efforts to develop a holistic approach to fitness — that includes aerobics, body composition and strength — has given us something that can be maintained anywhere we are,” Chief Murray said. “It is nice to have great gymnasiums and facilities and equipment, but we don’t need those to maintain our fitness. You can maintain fitness at deployed locations or at home.”

Chief Murray also said he is impressed with the fitness efforts already under way at Air Force installations around the force.

“I am extremely pleased with what is coming together here and with our Air Force, as we see the culture is already being changed,” Chief Murray said. “Wings are already out running together. That momentum will be important to us through this year as we evaluate the new standards, the way people approach them and the programs that are being developed to help us meet them.”

For more information about the new fitness evaluation, contact unit physical training monitors or fitness program managers.

(Courtesy of Air Force Print News. Senior Airman Lindsey Maurice, 12th Flying Training Wing Public Affairs, contributed to this story.)

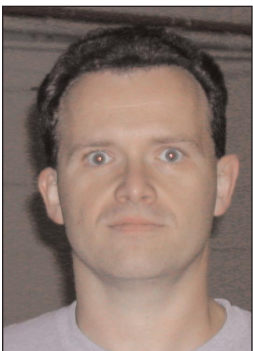
Randolph Roundup

How have you prepared yourself for the new Air Force physical fitness test?



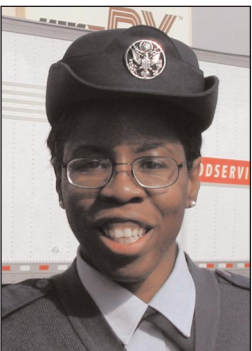
1st Lt. Gregorio Armand
Air Force Occupational Measurement Squadron

“Other than regular physical training with my squadron, I do sit-ups and push-ups during commercials while watching television.”



Senior Master Sgt. Jerry Minks
Air Force Personnel Center

“Starting last summer, I try to work out in the gym four times a week.”



Tech. Sgt. DeBra Hines-Townsell
Air Force Security Assistance Training Squadron

“I run three times a week. I started out running two miles a day and now I am up to three miles.”



Senior Airman Christopher Anderson
12th Civil Engineer Squadron

“As a fireman, I have always kept up a strong physical fitness program. This new requirement is nothing new for me. I’m ready.”



Tech. Sgt. Larry Dohm
Air Force Personnel Center

“This has been my normal routine for at least two years. I just try to maintain my fitness level.”



Tech. Sgt. Diana Ytuarta
12th Flying Training Wing Military Equal Opportunity Office

“Mentally, I had to get myself in the mood to work out. Now I run daily.”

SPORTS SHORTS

Back school

Physical therapy hosts a back school at 1:30 p.m. Tuesday. To enroll, or for more information, call 652-3137.

Golf tournament

The Randolph First Sergeants’ Group is hosting a four-person scramble golf tournament April 8 at the Randolph Oaks Golf Course, with a shotgun start at 12:30 p.m.

The cost, which includes green fees, cart, food and drinks is \$35 for golf course members and \$25 for non-members.

Participants can select their own teams. The handicap system will be 10 percent of the total team handicap.

There will be prizes awarded to the top placing teams, as well as longest drive

and hole-in-one prizes on all par 3s.

To reserve a spot, contact your unit first sergeant. For more information, call Senior Master Sgt. Van Johnson at 289-4842 or Master Sgt. Prentiss Spivey at 652-6945.

Golf class

The Randolph Oaks Golf Course is sponsoring a nine-week novice golfer class beginning Jan. 31. Each class will run from 10:30 a.m. to noon. The last class will be on March 27.

Charlie Bishop, a Professional Golf Association teaching professional, will be instruct the course. During the course, students will learn the fundamentals of the full swing and the shots of the short game.

The cost is \$120 per player. People

must register in-person at the golf course by Jan. 31.

For more information, call 652-4653.

Sports writers wanted

The *Wingspread* is looking for someone who is interested in volunteering to cover intramural or extramural sports games to be published in the paper.

If interested, call 652-5760.

Aerobic classes available

The fitness center offers a variety of aerobic classes Monday through Friday. Classes begin at 6 a.m., 9 a.m., 11 a.m., noon, 4:45 p.m. and 5:45 p.m. Classes include step/variety, basic step, power step, super step, cardio/sculpt, cardio/step combo, sports conditioning, power yoga

and kick boxing. The fitness center also offers a kick boxing class from 9 to 10 a.m. Saturdays.

For more information, call the fitness center at 652-5316.

Chung do Kwan class available

Chung do Kwan classes are available for \$30 per month, for up to five classes per week. Classes are from 7 to 8:15 p.m. Monday through Thursday and 10 to 11:30 a.m. Saturday at the fitness center. The classes are open to anyone over 12 years old.

Those interested in enrolling may do so after first observing a class. Master Stephen Glass, a sixth degree black belt, teaches the class.

For more information, call the fitness center at 652-5316.